

# WORRY IS TERRIBLE

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Once, my son and his family went on a trip and I took them to the airport.

In the car, Candra, my granddaughter of 10 and half years old, kept asking her mother, "Did you bring the air tickets? Are they in your purse? How about the keys?....."

Her mother had to stop her from asking so many questions. She said, "Don't worry so much. You just take care of your own things."

Chandra is 11 now, as tall as I am and wears size 8 1/2 in women's shoes. Once I asked her to open a jar for me in the kitchen. After she opened it, she sighed and said. "I really don't know how can you live without me."

She is such a self-appointed adult, it is no wonder she wants to worry about everything in the family. Upon listening to the mother-daughter conversation that day in the car, I couldn't help to laugh, for it sounded just like how I used to talk with God. "What if the weather changes? What if the traffic jams? What if the war breaks up? What if my phone call has been missed?"

We think we can control everything in our lives, including the unknown future. We think we are wise enough to anticipate and consider every detail that would happen. Actually, we are unable to do anything to change the world or nature. Our worry just shows our stupidity.

On the other hand, our worry shows that we can't trust our God enough. God has told us again and again that He is omnipotent and omniscient. He loves us as a father who will supply our needs; as a mother who will carry us in her bosom; as a bridegroom who will love us intently. Why do we always fear that He will forget us or neglect us unless we remind Him now and then?

Thus, worry is terrible in the sense that it denies God's power and love. We offend God by distrusting Him so we also lose our peace and joy which He has given us.

In our journey through life, let's lift up our heads and trust Him totally; you will smile all the way and He will be glorified through you. 