

More and Less

By Amelia C. Lee

The more I smile

The less I frown

The more I pray

The less I worry

The more I appreciate the surrounding beauty

The less I focus on my inner pain

The more I count God's blessings

The less I feel the burdens

The more I spy God's workings

The less I focus on my problems

The more I recall God's past provision

The less I fear of the unknown future

Lord, help me maintain

this attitude of thanksgiving and peace

in any circumstances



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