



A MANY SPANGLED LIFE

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Who wouldn't like to have a many-spangled life? Yet many of us only wish and imagine, never believing that we can also have such a rich and beautiful life.

Look what God has created in this world! There are flowers of many colors and the land and hills come in many shapes. This variety of things tells us that not only does God want us to enjoy a many-spangled nature, but also to have a many-spangled life.

Why do some of us lead a dull and colorless life? Because we don't always stop think how we can improve our situation and enlarge our scope. Sometimes we are like a stupid donkey who just trudges around the millstone, groaning. Remember, however, that we are human beings with intelligence and the capacity for spirituality. Don't debase yourself to the rank of an animal; instead, you should release yourself and use the gifts God has given to you to break the routine. At least, you can go to church every Sunday to listen to God's word and communicate with other believers.

Some people do think about their condition, but excuse themselves by saying, "I'll wait until my children are older." They forget that what the children needs is the parents' company, not the material things, which the parents bring in exchange for their own time. Also, the children can't wait for you; they are always growing and will go away from you. On the other hand, you can't wait either. By the time you think you can take it easy, you might have problems with illnesses or old age.

The human being has a many-spangled life from the beginning; we eat, sleep, work and rest. For eating, we can experience different foods in different cooking styles. For resting, we can experience relaxation in different ways such as doing exercises in gyms, shopping or taking a walk to restore our energy. How about spending 15 minutes each day to read the Bible and other good books or to meditate and ask for God's guidance. For working, we can experience a variety of tasks; even if the work is dull, we can think of different ways to make it interesting, if we take the time to care and think about our work.

In summary, you should know how to balance yourself in time managing; that is, don't go to extremes for any one thing. There is a slogan called the 3-8 System. Which means to work for 8 hours, sleep for 8 hours and rest for 8 hours every day. When we work for others, we may request such a schedule, but once we have our own businesses, we abuse ourselves and our family members with unlimited hours of labor. We are really stupid to do this!

How about you? Do you feel bored? Are you in a depression? Do you find yourself losing your temper easily? Does it seem as if everyone around you is unpleasant? If the answer is "yes", then it is time for you to take a break, adjust your priorities and seek the many-spangled life.

Thus, to have a many-spangled life is not one to be admired or envied by others, but one for your own happiness and the happiness of those around you as well.

